

First Aid

This course is to enable learners to deal confidently with emergency first aid in the workplace

Duration: 1 Day

Course Space: 12 Learners

Method of delivery: Trainer led with group discussions

Who is this for? Anybody can attend this course

Course Subjects Covered:

- Learners will demonstrate how to provide basic first aid and take appropriate action in the event of an incident
- How to administer CPR (Cardiopulmonary resuscitation)
- Their knowledge and understanding of Emergency First Aid at work.

Technical Information

Learners will be trained on the Escape Locate and Repair procedures and use the associated repair operations.

Assessment Type: Written assessment and continual evaluation of practical tasks through course.

Qualification Required: Qualified Trainer/Assessor in Fire Control.

Date Published: August 2025