

Working Safely

This course is suitable for people at any level in sectors that require an understanding of health and safety, focusing on how you can make a real difference to the wellbeing of yourself and others. Can be delivered on site or at Lomax Training Services centres as required.

Duration: 1 day

Course Space: 20 Trainees

Method of delivery: Trainer led

Who is this for? People at any level from any occupational sector of work.

Course Subjects Covered:

- Introducing working safely.
- Defining hazards and risks.
- Improving safety performance.
- Safety in the workplace
- Emergency information

- Identifying common hazards.
- Protecting our environment
- Signage Identification
- Mental Health Awareness

Technical Information

Working safely is recognised as an equivalent to a level 1 award in health and safety in a construction environment which can be used to obtain a Construction Skills Certification Scheme (CSCS) green labourer card once they have passed the CITB Health, Safety and Environment Operatives Test

Assessment Type: 10 multiple choice assessments and 3 hazard spotting `1 exercises.

Qualification required: NEBOSH National General Certificate.

Date Produced: August 2025